



Youth Commission Meeting Minutes  
May 19, 2016 @ 7PM  
7 Fan Hill Road  
Monroe, CT 06468

- I. Attendees -- Jen H, Kelly P, Elaina, Lauren, Jen A, Barb, Angela, Tim (director of YMCA)
- II. Review and Approve minutes from May
  - a. Motioned by Elaina
  - b. Seconded by Jen H
  - c. All in favor
- III. Public Participation - none
- IV. Old business
  - a. Sprint - June 5<sup>th</sup>, Jen A, Kelly, Elaina, Jen H, Barb & Lauren will volunteer
- V. New business
  - a. YMCA director -- Tim, from Monroe, used to work at Trumbull/Lakewood Y, has been running the Bridgeport Y but is now back in Trumbull.
    - i. Used to have meetings with town committees and now reinstating with town agencies. Very committed to better community - will advertise Sprint at the Y. Have resources available - how can they help?
    - ii. Currently on Trefoil Drive, lease has 2 more years. Actively looking for a new location, wants to get out more in the community.
    - iii. Lots of little kids at the Y, then 25/30 year old working out - no teens.
    - iv. Possible partner YMCA/MYC to do a monthly teen night for Monroe teens. Kelly/Jen A used to do something similar, currently four times a year - Monroe, Easton & Trumbull teens. Maybe something for an evening in the summer at the outdoor facility. Outdoor facility open next week and closes one week after Labor Day - pool, pond, woods, project adventure type stuff. Could ask for corporate sponsors to help sponsor and pay for events.
  - b. Postcard -- add "find us on Facebook", visit website for dates w/ annual events on the back, Wolf promotions - \$100 worth of postcards
  - c. Mission statement - Foster positive youth development throughout the community to enrich the lives of the youth through healthy relationships with their families and the community of Monroe.
    - i. Vote anticipated in June to approve, but all in attendance liked it
  - d. Ice Cream Social -- August 26<sup>th</sup>, incoming 6<sup>th</sup> graders, Girl Scouts helping out

- e. Mealttime Matters -- Monday, September 26<sup>th</sup>
  - i. Activities at event (at table), questions at the tables, games, would you rather? -- Elaina & Jen H
  - ii. Marketing, flyers, website, FB -- Lauren
    - 1. Google form for registration
  - iii. Menu/food -- Jen A
  - iv. Gather stats, use for marketing -- Kelly
    - 1. Kelly to send info to team
- f. June meeting to discuss National Night Out & Mealttime Matters and to vote on mission statement

## VI. Updates

- a. Social Services -- October is Wellness Month
  - i. Chalk Hill Auditorium, 1<sup>st</sup> 2 Thursdays - DEMS training (CEUs), QPR (question, persuade, refer), suicide training that gets, 3 hours each day, vapes/marijuana/inhalants/energy drinks/gambling/social drugs/mental health, next steps what do you do - community involvement, regional - 10/4 & 10/13 evenings, mix of people/free
  - ii. 10/20 4-8 @ Chalk Hill, Wellness Fair - yoga for children, Newtown Strong dogs, journaling, feeling boxes, meditation, mental health screenings - Lions Club gave \$1,000 and ADAM gave \$800
- b. ADAM -- Library table this month
  - i. Social hosting laws updated about a year ago
  - ii. Reaching out to Elementary School PTO to explain ADAM and explain grant process
  - iii. Underage drinking forum on 11/9 for freshman and their parents (6:30 slideshow, 7PM speakers),
  - iv. Updated website, purchased pre-prom posters, will have table at NNO
  - v. DEMS grant has been given out
  - vi. Does MYC have any money to give for Chris Herren (\$3,000)
  - vii. Next meeting June 7<sup>th</sup> at 9AM, Barb Yeager and Marianne are co-chairing during the transition
- c. PD -- none

## VII. Adjourn

- a. Motioned by Elaina
- b. Seconded by Jen H
- c. All in favor
- d. Ended at 8:45PM